

# Cheerleading Camps

## North County Elite

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## Where

The Camps We Teach are Private Camps at Your School, GYM, or Place of Choice. The Purpose of Holding a Private Camps is to Allow Your Team to Get the Individual Instruction they Deserve.

\*Pricing includes camps that are within 150 Miles of Escondido, CA.

## Camp Options

All our Camps Include the Following (6 Hours of Camp Time)

- Two Million Aggregate Liability Insurance
- Amazing Staff to Student Ratio
- Motivating Warm-Up and Stretching Curriculum
- Basic Cheer Motion Overview and Cleanup
- Team Building Activities and Games
- Most Common Cheer Jumps w/Timing
  - Straight Jump
  - Toe Touch
  - Double Toe Touch
  - Pike Jump
  - Side and Front Hurdlers
- 40+ Demonstrated Stunts
  - Safety Overview & Stunting Drills
  - Two Leg Prep Level Stunts
  - Two Leg Extended Stunts
  - Single Leg Stunts
  - Transitional Stunts
  - Twisting Stunts
  - Tumbling Stunts
  - Turning Stunts
  - Tic Toc Stunts

- Single Base Stunts
- Basket Tosses

## PICK FROM BELOW OPTIONS TO FILL YOUR CAMP TIME

- (8) 8-Count Pyramid (2.5 Hours)\*
- (8) 8-Count Stunt Section (2 Hours)\*
- (8) 8-Count Cheer Dance (2.5 Hours)\*
- (4) 8-Count Jump/Motion Section (1.5 Hours)\*
- Side Line Cheer w/Stunts (1.5 Hours)
- 45 Sec. Cheer Section w/Stunts (2.5 Hours)
- 30 Min of Conditioning (.5 Hour)
- Extra time to work on stunts (Choice Hour)
- (\*Combine Times to Create a Routine)
- (\*Includes Custom Pre Mixed Music)

## Pricing and Hours

### Camp Hours

10:00AM-4:30PM or 6:00PM

(6.5 Hour Camps with 30 Min Break)

(8 Hour Camps with 1 Hour Break)

### ONE DAY CAMP OPTIONS

(Minimum Contract 1,500 with 25% Deposit)

6.5 Hours - \$50 Per Person

8 Hours- \$55 Per Person

### TWO DAY CAMP OPTIONS

(Minimum Contract 2,750 with 25% Deposit)

13 Hours \$90 Per Person

16 Hours \$100 Per Person

### THREE DAY CAMP OPTIONS

(Minimum Contract is 3,750 with 25% Deposit)

19.5 Hours \$120 Per Person

24 Hours \$125 Per Person

### NUMBER OF STAFF MEMBERS

0- 45 Participants- 4 Staff

46-60 Participants - 5 Staff

61-75 Participants - 6 Staff

76-+ Participants -7+ Staff

**Camp Sales Representative Opportunities are Available!**

